

Move Better

With DMC

Free Joint Pain Relief Workshop

August 12 | 10 a.m. - 12 p.m.

Northwest Activities Center
18100 Meyers Rd.
Detroit, MI 48235



Join us for a free, informative workshop on joint pain treatment options available at the DMC. Have your questions answered by an orthopedic surgeon and physical therapist.

Topics Covered:

- Arthritis
- Tips for maintaining healthy joints
- Non-surgical treatments
- Minimally invasive surgery
- Total joint replacement options and what to expect

Limited seating available.

Complimentary light refreshments will be served.

Advance registration required, scan the QR code.
Call 855-917-0684 or visit at [DMC.org/Workshop](https://www.dmc.org/Workshop)



A COMMUNITY BUILT ON CARE

